

# Syllabus for Psychology 38

## Abnormal Psychology

### Course Information

Semester: Fall                      Year: 2022  
Course ID: **Psych 38**              Section #: **E3638**  
Instructor: Stephen Quiggle  
Course units: 3

### Instructor Contact Information

Email address: [Stephen-quiggle@redwoods.edu](mailto:Stephen-quiggle@redwoods.edu) (preferred method of contact)  
Phone number: (707) 223-1713  
Office hours: Tuesday/Thursday by appointment

### Catalog Description

A course in the scientific study of abnormal behavior. Various theoretical frameworks to evaluate behavior will be presented including biological, psychological, and sociocultural approaches. An integrative survey of theory and research will be applied to psychological and cognitive disorders, including diagnostic criteria, prevalence, etiology, and treatment.

### Course Student Learning Outcomes

1. Analyze the differences between biological and psychosocial models in explaining the etiology, diagnosis, and prognosis of abnormal behavior.
2. Analyze the historical, ethical, legal, and societal concerns when defining abnormal behavior.
3. Describe the DSM classification system and discuss its strengths and weaknesses.
4. Analyze research in the area of Abnormal Psychology and synthesize information in a written term paper.

### Recommended preparation

General Psychology; English 150

### Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- ) Eureka: 707-476-4280, student services building, 1<sup>st</sup> floor
- ) Del Norte: 707-465-2324, main building near the library
- ) Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last-minute arrangements or post-test adjustments usually cannot be accommodated.

## Course Materials

**Required text:** Abnormal Psychology: An Integrative Approach, 7th Edition\*

David H. Barlow; V. Mark Durand

ISBN-10: 1-285-75561-8

ISBN-13: 978-1-285-75561-8

Abnormal Psychology: An Integrative Approach, 7th Edition\*

**Here is a free, safe downloadable resource for a pdf of the text:**

<https://vdoc.pub/download/abnormal-psychology-an-integrative-approach-7170r4fgevo0>

Should you choose to purchase a hard copy of the text, I suggest purchasing a copy through a secondary source such as Amazon, eBay, AbeBooks - it is available for around \$20.

\* you may use the 7<sup>th</sup> or 8<sup>th</sup> edition (please do not purchase the most current edition).

*Suggested resource for review: **Psychology, 2<sup>nd</sup> revised edition***

Authors: Spielman, R., Jenkins, W. Lovett, M. (2020); ISBN: **13: 978-1-951693-23-7**

Download, view, and access this open education text (for free) here:

<https://openstax.org/details/books/psychology>

**Other course media and resources will be provided.**

## Course Schedule

**Our course will begin on August 23<sup>rd</sup>, meeting in SC-204 from 1:15 p.m. to 2:40 p.m. on Tuesdays and Thursdays.** Each week we will learn about a new parameter of abnormal psychology and engage in small and larger group discussions about the weekly topics. Our schedule shall proceed through to December 15<sup>th</sup>:

<b>Week</b>	<b>Topic</b>	<b>Review / Resources</b>	<b>Activity / Assessment/ Assignment due</b>
Week 1: 8/23	Course overview (including Canvas) Introductions to Psychology and history of abnormal behavior in a <i>socio-historical</i> context	Chapter 1  Course notes & presentations  Related media	Introductions – to one another and the course material  <b>Syllabus quiz</b> (due for submission by Sunday on Canvas)
Week 2: 8/30	Integrative Approaches to psychopathologies  Therapeutic approaches	Chapter 2  Course notes  Related media  Academic research and writing support	<b>If you're going to drop the course, please do so by 9/6</b>

Week 3: 9/6	Assessments and Diagnoses  DSM overview	Chapter 3  Course notes  DSM resource  Related media	<b>Due: Written Assignment I: Annotated Bibliography</b>
Week 4: 9/13	Research Methods	Chapter 4  Course notes  Related media	1 <sup>st</sup> quarter quiz – ch. 1-4
Week 5: 9/20	Anxiety / Stress disorders	Chapter 5  Course notes  Related media	
Week 6: 9/27	Somatic / Dissociative disorders	Chapter 6  Course notes  Related media	
Week 7: 10/4	Mood disorders Suicidal ideation	Chapter 7  Course notes  Related media	<b>Due: Written Assignment II: Annotated Bibliography</b>
Module Week 8: 10/11	Eating/sleeping disorders	Chapter 8  Course notes  Related media	<b>Midterm Exam ch. 5-8</b>
Week 9: 10/18	Health	Chapter 9  Course notes  Related media  Extra credit opportunities	
Week 10: 10/25	Sexual dysfunctions, paraphilias, and dysphoria	Chapter 10  Course notes	<b>Due: Written Assignment III: Term Paper Outline with APA resources</b>

		Related media	<b>If you're going to drop the course, now's the time</b>
Week 11: 11/1	Addictions, impulse, and substance-related disorders	Chapter 11 Course notes Related media	
Week 12: 11/8	Personality disorders	Chapter 12 Course notes Related media	3 <sup>rd</sup> quarter quiz – ch. 9-12
Week 13: 11/15	Schizophrenia and psychotic disorders	Chapter 13	
Week 14: 11/22	Take the week off – Give thanks.		Relax/regroup/redouble your resolve
Week 15: 11/29	Neurocognitive and developmental disorders	Chapter 14 & 15 Course notes Related media	
Week 16: 12/6	Mental Health Services	Chapter 16 Course notes Related media	<b>Term paper due by Sunday</b> Final Quiz – ch. 13 – 16
Week 17: 12/13			Turn in all outstanding work

### Evaluation & Grading Policy

Every discussion forum, quiz, written assignment, book report, or other assessment is accompanied by a clear grading rubric that states the parameters and standards relative to the assessment type. This course will use a standard 100% grading calculation (e.g. there are no weighted or curved grades). All assessments are due by the delineated due date (though you may complete written assignments early). Late work is eligible to receive up to half credit for *one-week* absent prior arrangements at least three (3) days in advance unless there is a legitimate emergency.

#### Grading Scale

A 100% - 90%   B 89% - 80%   C 79% - 70%   D 69% - 60%   F below 60%   NP below 70%

### Assessments

Weekly participation in discussions 10 points each week	150
Two quizzes (each covers four chapters) at 15 points each	30

A mid-term exam (focused upon the most recent four chapters and key Takeaways to date)	25
A term exam (from midterm forward, focused upon the most recent four chapters and key Takeaways to date )	25
One short written exercise (database)	10
Two written assignments at 10 points each	20
Term paper outline	20
Term paper	40
Two extra credit opportunities at up to 10 points each	
	Total of 320

I require that students attempt/complete all assessments to pass the course

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### Important Dates

Fall 2022 Dates

- ) **Classes begin: 8/20/22 (our class begins on 8/23)**
- ) **Last day to add a class: 9/6**
- ) **Last day to drop without a "W" and receive a refund: 9/6**
- ) **Census date: 9/6**
- ) **Veteran's Day 11/11**
- ) **Fall Break (Thanksgiving) 11/21-11/25**
- ) **Last day for student-initiated W (no refund): 10/30**
- ) **Last day for faculty-initiated W (no refund): 10/30**
- ) **The final examination block for our course is the last Thursday meeting (12/15)**
- ) **The semester ends: 12/16**
- ) **Grades available for transcript release: approximately 12/27**

Students who have experienced extenuating circumstances can complete & submit the **Excused Withdrawal Petition** to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available on the Admissions and Records Forms Webpage. Supporting documentation is required.

## **Academic dishonesty**

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, the determination of the grade, and the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

## **Disruptive behavior**

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

## **Inclusive Language in the Classroom**

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It, therefore, encourages instructors and students to use language that is inclusive and respectful.

## **Setting Your Preferred Name in Canvas**

*Please inform me if you would like to be addressed by a name other than what appears on our roster.* Students can have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the [Student Information Update Form](#).

## **Canvas Information**

This course utilizes the Canvas learning management system (LMS) for course enhancement. Familiarize yourself with Canvas before you begin coursework. You should log in to Canvas course shell the day before class meets to see if there are any updates in "announcements". If you make an inquiry of the instructor, I will respond within 24 hours during the week (M-F).

Log in to Canvas at <https://redwoods.instructure.com>

Password is your 8-digit birthdate

For tech help, email [its@redwoods.edu](mailto:its@redwoods.edu) or call 707-476-4160

Canvas Help for students: <https://www.redwoods.edu/online/Help-Student>

Canvas online orientation workshop: <https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources>

## Community College Student Health and Wellness

Resources, tools, and training regarding health, mental health, wellness, basic needs, and more designed for California community college students, faculty, and staff are available on the California Community Colleges [Health & Wellness website](#).

[Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email [counseling@redwoods.edu](mailto:counseling@redwoods.edu).

## Student Support Services

The following online resources are available to support your success as a student:

- ) Me. As the instructor, supporting your safety, learning, and success are my prime directives
- ) [CR-Online](#) (Comprehensive information for online students)
- ) [Library Articles & Databases](#)
- ) [Canvas help and tutorials](#)
- ) [Online Student Handbook](#)

The [Counseling](#) Department offers assistance to students in need of professional counseling services such as crisis counseling.

The Learning Resource Center (LRC) includes the following resources for students:

- ) [Academic Support Center](#) for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- ) [Library Services](#) to promote information literacy and provide organized information resources.
- ) [Multicultural & Diversity Center](#)

Special programs are also available for eligible students to include:

- ) [Extended Opportunity Programs & Services \(EOPS\)](#) provides financial assistance, support, and encouragement for eligible income disadvantaged students at all CR locations.
- ) The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or [Del Norte](#)
- ) The [Veteran's Resource Center](#) supports and facilitates academic success for Active Duty Military, Veterans, and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- ) Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821.

## Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus, you will receive an alert through your email and/or phones. Registration is not necessary to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or [security@redwoods.edu](mailto:security@redwoods.edu) if you have any questions. For more information see the [Redwoods Public Safety Page](#).

## **Eureka Campus Emergency Procedures**

Please review the campus emergency map for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the Redwoods Public Safety Page It is the responsibility of College of the Redwoods to protect life and property from the effects of emergency situations within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.

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2. Dial 911, to notify local agency support such as law enforcement or fire services.

3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.

4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.

5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).

6. If safe to do so, notify key administrators, departments, and personnel.

7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.